



NEWSFLASH

SEPTEMBER Shopping List 2022

info@chelmsford.foodbank.org.uk 07512 574 542

Emergency food for people in crisis

Thank you for continuing to support us through these difficult times.

The items most needed at present

FOODSTUFF

Tinned Rice

Long-life Milk

Coffee - small and medium jars

Instant mash potato

(packets and medium boxes)

Sponge puddings

Sweets and choc. bars

TOILETRIES

Shampoo - mens and ladies

Shower gel - mens and ladies

Deodorant - Ladies

larger size nappies (size 5 and larger)

Items can be delivered to our warehouse in Beehive Lane at any time

www.chelmsford.foodbank.org.uk

Follow us on Facebook as well

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