



# Christmas Shopping List November 2022

Emergency food for people in crisis

Thank you for continuing to support us through these difficult times.  
The items most needed at present are:

**Coffee - small and medium jars**

**Tea bags 40 and 80s**

**UHT milk**

**Long life fruit juice**

**Bottle of squash**

**Tinned meat - eg chicken in sauce, curry, spag bol, hot dogs**

**Tinned ham/cold meat**

**Tinned salmon**

**Food that can be microwaved (ie not oven cooked)**

**Tinned veg**

**Tinned potatoes**

**Instant mashed potatoes**

**Gravy/stuffing**

**Tinned fruit**

**Sponge puddings (not refrigerated)**

**Tinned/instant custard sachets**

**Chocolate log**

**Iced Christmas cake**

**Christmas pudding**

**Savoury snacks**

**Box of biscuits**

**Sweets/treats**

**Chocolate selection pack**

**Mince pies (non-alcoholic)**

Items can be delivered to our warehouse at  
450A Beehive Lane CM2 8RN

[www.chelmsford.foodbank.org.uk](http://www.chelmsford.foodbank.org.uk)

For updates, follow us on Facebook and Twitter

[info@chelmsford.foodbank.org.uk](mailto:info@chelmsford.foodbank.org.uk) 07512 574 542



Chelmsford Foodbank is overseen by The River Church Chelmsford Ltd, a company limited by guarantee.  
Registered in England number: 7685257. Registered charity number: 1144804.

## CHELMSFORD FOODBANK

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Tinned ham/cold meat/salmon

Microwaveable food (no oven cooking)  
Tinned veg

Tinned potatoes

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Gravy/stuffing

Tinned fruit

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