



## Shopping List April/May 2023

Emergency food for people in crisis

Thank you for continuing to support us through these difficult times. These items are most needed at present, lowest stocks at the top of the list:

Sponge puddings  
Jars of instant coffee –small (100g) only  
Tinned and instant custard packets  
UHT milk cartons  
Chocolate biscuit bars–eg KitKat, Penguin  
Pasta sauce  
Jams and preserves  
Packets instant mashed potatoes–large servings  
Tinned rice puddings  
Tinned fruit  
Cartons of UHT/Long Life fruit juice  
Tinned pulses

**TOILETRIES/MISC ITEMS**  
Laundry tabs/pods–only in this form,  
(NOT liquid or powder)  
Washing up liquid  
Ladies' shampoo and deodorant  
Men's shaving gel/foam and shampoo

We have sufficient pasta and baked beans,  
thank you

Items can be delivered to our warehouse at  
450A Beehive Lane CM2 8RN

[www.chelmsford.foodbank.org.uk](http://www.chelmsford.foodbank.org.uk)

For updates, follow us on Facebook and Twitter

[info@chelmsford.foodbank.org.uk](mailto:info@chelmsford.foodbank.org.uk) 07512 574 542



Chelmsford Foodbank is overseen by The River Church Chelmsford Ltd, a company limited by guarantee.  
Registered in England number: 7685257. Registered charity number: 1144804.

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