



## Shopping List Summer 2023

Thank you for your continued support  
These items are most needed at present:

**Small jars coffee**  
**Long life fruit juice**  
**Instant mash potato sachets**  
**Meat meals—eg chicken/beef in sauce**  
**Sponge puddings—not chilled**  
**Instant custard sachets**  
**Tinned rice pudding**  
**Tinned fruit**  
**Chocolate biscuit bars and crisps**  
**Fruit squash**  
**UHT milk**

***Toiletries:***  
**Ladies' deodorant**  
**Women's shampoo**  
**Handwash**  
**Toothpaste**  
**Laundry tabs/pods (only)**  
**Washing up liquid**

We have sufficient pasta and baked beans, thank you

Items can be delivered to our warehouse at  
450A Beehive Lane CM2 8RN

[www.chelmsford.foodbank.org.uk](http://www.chelmsford.foodbank.org.uk)

For updates, follow us on Facebook and Twitter

[info@chelmsford.foodbank.org.uk](mailto:info@chelmsford.foodbank.org.uk) 07512 574 542

Chelmsford Foodbank is overseen by The River Church Chelmsford Ltd, a company limited by guarantee.  
Registered in England number: 7685257. Registered charity number: 1144804.

Emergency food for people in crisis



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