



## Shopping List April/May 2024

Thank you for continuing to support us.  
These items are most needed at present:

Tinned meat  
Tinned fish  
Tinned vegetables and tomatoes  
Rice  
Tins of soup  
Instant mash potato sachets  
Tinned pulses  
Pasta sauce  
UHT milk  
Long-life fruit juice  
Tea bags—80s and small jars instant coffee  
Cereals  
Tinned fruit  
Sponge puddings and tinned rice pudding  
Custard sachets  
Jam  
Chocolate bars eg Kitkat/cereal bars

All toiletries: shower gel, shampoo,  
deodorant, handwash, toothpaste/brushes,  
toilet rolls, washing up liquid, laundry tabs/pods  
Nappies sizes 4 to 7

We have sufficient pasta and baked beans, thank you

Items can be delivered to our warehouse at  
450A Beehive Lane CM2 8RN

[www.chelmsford.foodbank.org.uk](http://www.chelmsford.foodbank.org.uk)  
For updates, follow us on Facebook

[info@chelmsford.foodbank.org.uk](mailto:info@chelmsford.foodbank.org.uk) 07512 574 542

Chelmsford Foodbank is overseen by The River Church Chelmsford Ltd, a company limited by guarantee.  
Registered in England number: 7685257. Registered charity number: 1144804.

Emergency food for people in crisis



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