



Shopping List Winter 2024



Emergency food for people in crisis

Thank you for continuing to support us.
These items are most needed at present:

Tinned meat meals
Tinned fish
Tinned vegetables and tomatoes
Tins of soup
Rice
Instant mashed potato sachets
Tinned pulses
Pasta sauce
Ketchup and mayo
UHT milk
Long-life fruit juice and fruit squash
Tea bags—40s/80s and small jars instant coffee
Cereal
Tinned fruit
Sponge puddings and tinned rice pudding
Instant custard sachets
Jam and spreads
Chocolate bars eg Kitkat /cereal bars/crisps/savoury crackers
All toiletries: shower gel, shampoo,
deodorant, handwash, toothpaste,
toilet rolls, washing up liquid, laundry tabs/pods
Nappies sizes 4 to 7

We have sufficient pasta and baked beans, thank you

Items can be delivered to our warehouse at
450A Beehive Lane CM2 8RN

www.chelmsford.foodbank.org.uk

For updates, follow us on Facebook

info@chelmsford.foodbank.org.uk 07512 574 542



Chelmsford Foodbank is overseen by The River Church Chelmsford Ltd, a company limited by guarantee.
Registered in England number: 7685257. Registered charity number: 1144804.

CHELMSFORD FOODBANK

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