



NEWSFLASH NOVEMBER SHOPPING LIST

info@chelmsford.foodbank.org.uk 07512 574 542

Emergency food for people in crisis

Items most required

Tinned rice puddings

Tinned vegetables

Potato mash

Tinned Fruit

Tinned Meat

Pot noodles etc.

For people with a kettle only

Then we have shortages of

Nappies size 2 & 5

Female toiletries

Toilet rolls

Christmas items

(Needed during November especially)

Christmas Puddings (non alcoholic)

Christmas treats

Tins of Biscuits

THANK YOU for all your HARVEST gifts, your support and generosity is very much appreciate.

Chelmsford Foodbank

NOVEMBER 2018

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Tinned rice pudding
Tinned vegetables
Potato mash
Tinned fruit
Tinned meat

Pot Noodles
For people with only a kettle

Then we need
Nappies size 2 and 5
Female toiletries
Toilet rolls

Christmas items
Christmas Puddings
(non alcoholic)
Christmas treats
Tins of Biscuits

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